

Lark's Head with Toggle

A friendly quick-release tie: drop in a toggle, pull it out, and you're free in a blink.

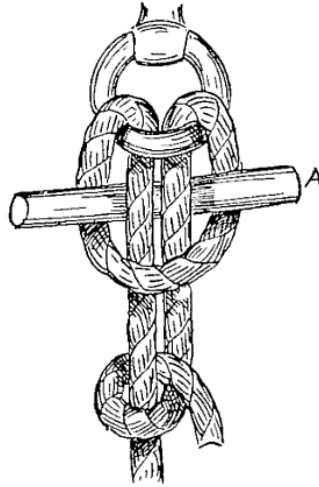


FIG. 30.—Lark's head with toggle (A).

From A. Hyatt Verrill's Knots, Splices and Rope Work (1917) · public domain

"A bight, a stick through it, and freedom is one tug away."

1

Pass a bight through the ring

Push a bight of your rope through the ring or object you're making fast to.

2

Slip in a toggle

Run a marline-spike, billet of wood, or any peg through the two sides of the bight and behind the standing part.

3

Lay the end down

Bring the end over and under the standing part and back over itself to settle it. To release, just pull the toggle out (Fig. 31).