

Larks' Heads and Running Noose

A lark's head teamed with a running noose so a pull tightens it neatly around the load.

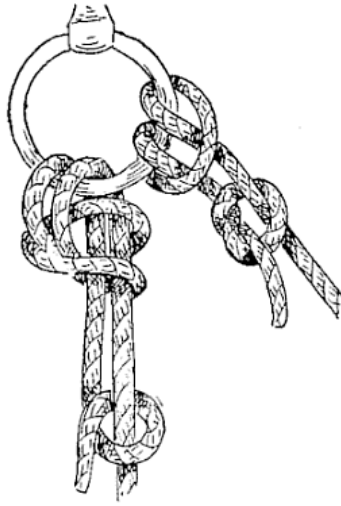


FIG. 56.—Larks' heads and running noose.

From A. Hyatt Verrill's Knots, Splices and Rope Work (1917) · public domain

"A lark's head to grab, a running noose to cinch — pull and it draws up close."

1

Make a lark's head

Pass a bight of the rope over the spile or object and bring the parts through to seat a lark's head.

2

Form a running noose in the end

With the free end, make a small loop and pass the end through it so it slides — a running noose.

3

Draw it up

Lead the noose around the load and pull the standing part; the noose runs closed and the lark's head holds it fast.

Practise until your fingers remember it. — Widow Maker · wmc.penguinboisoftware.com · a PenguinBoi Network show