

Running Bow-line

A trusty bowline that learned to slide - a noose that never jams.



FIG. 61.—Running bow-line.

From A. Hyatt Verrill's Knots, Splices and Rope Work (1917) · public domain

"A bowline hugging its own rope makes a noose you can trust."

1

Make a bowline

Tie an ordinary bow-line near the rope's end, leaving a fixed loop just as you normally would.

2

Wrap the standing part

Before finishing, lead the working end around the long standing part of the rope so the standing part passes through the loop.

3

Form the slip

With the standing part running through the bow-line's loop, the fixed loop becomes a running noose that slides along the rope.

4

Set it

Pull on the standing part to shrink the noose, or slide it open again - it grips under load and frees with a tug.