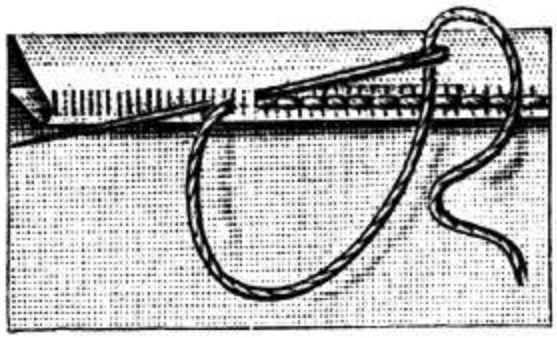
Widow Maker's Crafternoon

EPISODE 115 · CRAFT GUIDE

Stitched Hem

Two folds, one drawn thread, and a hem that disappears the moment you finish it.



From Encyclopedia of Needlework (de Dillmont, 1886) · public domain

"Fold, fold, thread, stitch: three layers, one hem."

1. **Cut and Soften**
   Cut your fabric along the line of the thread. If it's stiff, like linen or calico, rub it in your hands to soften it before you begin.

2. **First Turning**
   Turn down the raw edge no more than two millimetres, and fold this along the whole length of your hem.

3. **Second Turning**
   Fold the same narrow width a second time, so the raw edge sits enclosed between two layers of fabric.

4. **Draw the Guide Thread**
   Pull out a single thread two or three threads above the edge of that first fold, leaving a visible line to stitch along.

5. **Stitch Through Three Layers**
   Working from the right side, sew your stitches along that drawn line, catching all three layers of fabric in every stitch.