

Twofold Shortening

An overhand knot that loops back twice - a tidy stopper that shortens too.

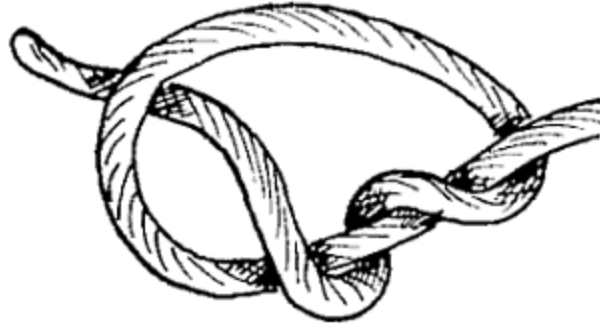


FIG. 67.—Twofold shortening (making).

From A. Hyatt Verrill's Knots, Splices and Rope Work (1917) · public domain

"An overhand knot that goes around twice - bulkier, and it shortens."

1

Start an overhand

Form the loop of a simple overhand knot, but don't finish it yet (Fig. 67).

2

Pass through twice

Run the working end through that loop a second time instead of once, building extra turns.

3

Draw it tight

Pull it taut (Fig. 68) - the doubled knot takes up rope and is bulky enough to jam against a ring or block.

Practise until your fingers remember it. — Widow Maker · wmc.penguinboisoftware.com · a PenguinBoi Network show